

## **Welcome to Seattle!**

The 3<sup>rd</sup> Annual

Global Marine Renewable Energy Conference

Day Activities for Spouses and Significant Others



### **Your Hosts - Sound & Sea Technology, Inc.**

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Sound & Sea Technology, Inc. is pleased to host a glimpse of Seattle for spouses and significant others during the 3<sup>rd</sup> Annual Global Marine Renewable Energy Conference, on days April 14<sup>th</sup> and 15<sup>th</sup>.

Everyone must be registered by **February 26, 2010**, so the tours can be finalized. Space is limited, so reservations will be first come, first serve.

Both days your host will meet you in the convention center lobby at 8:00 am for a briefing of the day's events.

There will be fairly level walking involved (up to eight blocks in one stretch – both days) so please wear comfortable shoes, a jacket and bring an umbrella. Casual outdoor clothing is the Seattle style!

## **Wednesday, April 14, 2010**

**8:00 am Coffee and briefing at the convention center**

**8:45 am We'll walk down the street for the Seattle Bites Food Tour of Pike Place Market**

We will be walking and eating our way through Pike Place Market, during late morning brunch hours.

Fun, facts and plenty of food - Seattle Bites Food Tours offers the biggest and most memorable bites of the Market!

Seattle Bites Food Tours is Seattle's most delicious and informational food and historic tour. Seattle Bites is a guided walking tour focused exclusively on the heart of Seattle's culinary scene, the Pike Place Market.

This cultural Seattle tour pairs memorable stories of the market and its merchants with delicious gourmet food and drink -- Truly one of the city's most enjoyable culinary and historic tours.

### **Our 2 1/2 Hour tour includes these BIG bites and beverages!**

- "Artworthy" Smoked Salmon Flatbread with Crème Fraîche
- "America's Best Chowder" - Chowder Hall of Fame
- Gourmet Sausages from a German Sausage Master
- Paris Inspired Fruit and Nutella Crepes
- Authentic New York Deli Bites (imported from the Big Apple!)
- Truffle Butter Adorned Fresh Popcorn
- Artisanal Family-Owned Italian Wine
- Luscious Handmade Chocolates
- Cuisine-Inspired Boutique Sodas paired with your bites
- Decadent Alderwood Smoked Salmon from "The Cod Father"
- Fresh and Exotic Produce of the Season
- And other Big Bites!

<http://seattlebitesfoodtours.com/?gclid=CLiC7uGo2Z8CFRMXawodVXLIHQ>

Please note that our tour times have been modified from those shown on the website.

The Pike Place Market tour will finish by 11:45 and we will continue our day with a two block walk to the Seattle Waterfront for an Argosy boat cruise.

### **12:30 pm Argosy Boat Cruise**

Since 1963, locals and visitors alike have enjoyed the 2-1/2 hour Locks Tour. The cruise connects the salt water of Puget Sound and the fresh water of Lake Union via the Hiram Chittenden Locks. Enjoy live narration of Seattle's history, while viewing the historic waterfront. View the spectacular city skyline, one of the world's largest shipping terminals, the majestic Cascade and Olympic mountain ranges and the "Sleepless in Seattle" houseboat community. The overland loop is connected via Gray Line of Seattle motor coach. Snacks and beverages are available for purchase on board but the price is not included in the tour.



<http://www.argosycruises.com/publiccruises/locks.cfm>

### **3:00 pm End of cruise and tour**

At this point, you are on your own to continue shopping at all the unique waterfront shops or tour The Seattle Aquarium (\$17), or maybe a walk north to the Myrtle Edwards Park beachfront walkway with an espresso stop along the way.

<http://www.seattleaquarium.org/NetCommunity/Page.aspx?pid=256>

Then take a short jaunt back to the Convention Center to arrive by 5:15 for a reception.

# Thursday, April 15, 2010

**8:00 am Coffee and tour briefing at the convention center**

**9:15 am Pickup by bus for a Sights and Bites with Lunch tour of the city**

**9:30 am Tour Starts - last for 4 hours**

## **Tour Attractions**

Pike Place Market	Space Needle	Seattle Waterfront
Pioneer Square	Chinatown	Floating Bridges
Floating Homes	Sleepless House	Fremont Troll
Fisherman's Terminal	Locks and Fish Ladder	Sports Stadiums
Seattle Grace	Arboretum	Mt. Rainier*
Experience Music Project		

## **Website Description:**

We guarantee this 4-hour tour will be the highlight of your visit to Seattle. Its 3 hours are packed with all the sights you came expecting to see, covers many you didn't expect, and includes a 1-hour lunch stop at Fisherman's Terminal where the Pacific fishing fleet is moored, including the Deadliest Catch boats. There are four restaurants from which to choose from, including one of our local favorites, Chinooks, where visitors can expect all the Northwest classics like Alder-planked salmon or halibut and Dungeness crab cakes. The lunch stop is at approximately 11:30am.

\*Mt. Rainier views are weather permitting

**The price of your meal choice won't be included in the tour.**

<http://www.letstourseattle.com/submain.php?category=tours&subnav=tours&tourid=1>

The tour ends at the Space Needle at 1:45 pm, where you can get off the bus or continue on to the convention center.

It will be your choice if you want to get off and continue your own tour with an elevator ride up to the top of the Space Needle to the observation deck (for approx. \$15), visit the Experience Music Project (\$15) <http://www.empsfm.org/visit/index.asp?categoryID=160>, tour the Seattle Center grounds including the Food Circus or The Science Center (various prices).

When you are ready to leave, you would take a \$2.00 monorail ride which will get you downtown to three square blocks of Seattle's finest shopping. It is within 6-8 blocks of the convention center and most hotels and is only four blocks (on the way) to the Pike Place market.

We will offer maps on this, but please understand that once you leave the bus at the Space Needle, it will be a decision to leave our tour.

We look forward to seeing you!

**See map below.**



- Free Ride Area
  - Monorail Route
  - ▼.....▲ South Lake Union Streetcar
  - Bus Tunnel & Stops
  - Waterfront Streetcar Route
- Pike Place Market to Qwest Event Center—1 mi / 1.6 km  
 Pike Place Market to Space Needle—1 mi / 1.6 km  
 Pike Place Market to Convention Center—1/2 mi / 800 m
- Major Attractions
  - Parks

↓ Pier 30 Cruise Terminal  
1/4 mi / 1 km